

Tonganoxie Recreation Commission 521 East 4<sup>th</sup> Street

P.O. Box 479 Tonganoxie, KS 66086

> www.tongierec.org 913-845-3502

# Recreation benefits everyone!

From social interaction to physical well-being, the benefits of recreation truly are endless. Programs offered by the Tonganoxie Recreation Commission are here to provide you with a variety of recreational opportunities that meet your needs. Enjoy your leisure time and get involved!

# **Tonganoxie Recreation Commission Board Members**

Gayle Parker, Director

Gayle-trc@sunflower.com

**Brad Eccles, Assistant Director** 

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Drew Johnson, Chair

Ursula Kissinger

David Frese

Lisa Large

John Bretthauer

#### **Registration Guidelines**

Pre-registration is required for all programs unless otherwise noted. Registration will be accepted on a first-come basis. We now accept MC & Visa credit & debit.

Ways to register:

- 1. Walk in: Our office is located at 521 E. 4<sup>th</sup> St.
- 2. Mail to P.O. Box 479; forms can be printed online
- 3. Register online at www.tongierec.org. You can now register online for most of our programs. Some exclusions apply.



# Youth Sports

#### **Youth Coed Fall Soccer**

Team shirts will be provided. Shin guards are required.

League	Year of Birth
U6	2012 & 2013
U8	2010 & 2011
U10	2008 & 2009
U12	2006 & 2007
U14	2004 & 2005

Fees: \$35/\$42 (district/non-district) Late Registration Fee: + \$10 Season Begins: Mid-September

All leagues will be Coed.

## **Youth Coed Flag Football**

Kids will sharpen their football skills in this non-contact league. The fundamentals of passing, receiving and ball carrying are stressed. Every player is eligible to receive the ball on every play. No pads or helmets will be worn. Mouth guards are required.

Games: Thursday evenings

Grades: 2-3 & 4-6

Fee: \$30/\$36 (district/non-district) Registration Deadline: Friday, August 3

Late Registration: + \$10

## **Short Sports**

This program is designed to teach some of the basic skills used in many of today's most popular sports. Each child must have a parent or guardian to team up with throughout the program. Space is limited.

When: Mon & Thur, September 6-24

Where: TRC Ball Fields

Time: 6-6:30PM Ages: 3&4 years of age

Fee: \$15/\$18

Registration Deadline: Friday, August 24

(space is limited)

#### **4U Soccer**

Experience all the fun soccer can bring at a young age. This program is instructed by THS boys soccer coach Jon Orndorff & THS soccer players. Parents are expected to

attend & participate at times with instruction from Coach Orndorff. This will be a fun time of introducing soccer, games, meeting other kids & having fun.

When: Saturdays, Sept. 15-Oct. 13

Where: TRC7 Ball Field

Time: 9-9:45AM

Age: Must have been born in 2014. Fee: \$20/\$24 (district/non-district) Deadline: Friday, August 31

#### Youth Volleyball Camp

The camp will be instructed by TMS coaches. Players will receive a t-shirt. When: Saturdays – November 3-

December 1 (No Camp Nov. 24) Where: Tonganoxie Middle School

Gym

Time: 1-3PM Grades: 4-6

Fee: \$30/\$36 (district/non-district) Deadline: Friday, October 13 at 5:00pm

# Youth Basketball League $-3^{rd}$ and $4^{th}$ Grade Boys and Girls

Games: Saturdays, beginning Nov. 11 Where: Tongie Elementary School Gym Time: Saturday mornings and a few

week nights

Fee: \$30/\$36 (district/non-district)
Deadline: Friday, October 6 at 5:00pm
Separate leagues will be held for Boys

and Girls

# Youth Basketball League – 5<sup>th</sup> and 6<sup>th</sup>

Deadline: Friday, December 7

# **Adult Sports**

## **Fall Coed Softball League**

When: Tuesday and Thursday evenings

beginning September 5

Where: TRC7 Softball field

Deadline: Friday, August 11 at 5PM Fee: \$250/\$300 (district/non-district) Registration limited to first 12 teams Must be 18 years of age and/or out of High

School

### Fall Coed Volleyball League

When: Wednesday evening beginning

September 6

Where: Tonganoxie Middle School Gym Deadline: Friday, August 11 at 5PM Fee: \$150/\$180 First amount in district,

second amount out of district Registration limited to first 12 teams Must be 18 years of age and/or out of High

School

# Special Events

# **Ice Cream Social**

Hit the sundae bar while getting to know your neighbors & enjoying Chieftain

Park. It is always a blast. When: Sunday, August 26 Where: Chieftain Park

Time: 7PM Program Fee: Free

Co-Sponsored by TRC & Sonic

#### Sunflower Stroll

There are lots of new activities for this year's Sunflower Stroll. Participate in the inaugural Sunflower Run, check out vendors, enjoy a good ol' fashioned street dance, watch a mural come to life and plenty more. Like the Sunflower Stroll on Facebook for a complete list of activities & events.

When: Labor Day Weekend

# **Tonganoxie Spooktacular**

Downtown Tonganoxie will be a buzz with Trick-or-Treaters. Many downtown businesses will open up for treats, games and other fun activities. Don't forget to check out the Skeleton Scavenger Hunt.

When: Friday, October 26 Where: Downtown Tonganoxie

Time: 6-8PM

Sponsored by TBA & local businesses.

# **Adult Programs**

# Winter Indoor Walking Club

Keep on walking rain or shine! *No walking when school is dismissed.*When: Monday – Fridays, when school

is in assistant Ostalian Manala

is in session. October - March

Where: THS West Campus Hallways

Time: 6 - 7:15AM

Program Fee: Free. Registration

Required.

#### F.A.S.T.

Join us at Chieftain Park for free workouts! The workouts are designed to be challenging, but adaptable to your fitness levels. All ages are welcome. Those whom attend at least half the workouts will receive a t-shirt and be entered into our grand prize drawing. When: Sundays, Sept. 9-October 14

Where: Chieftain Park

Time: 6:00PM Ages: All

Registration Fee: Free. Pre-registration

not required.

## **Basic Dog Obedience Training**

This is a foundation level obedience class for dogs four months of age or older. Dogs need to be current on vaccinations and not dog or people aggressive. For more information visit <a href="https://www.yourbestdog.com">www.yourbestdog.com</a> or contact the trainer, Kim Downing, at

kdowning@prodigy.net.

When: Sunday, Sept. 16-October 28

Where: VFW Park Time: 4-5PMPM

Program Fee: \$80 (Make checks payable to Kim Downing)

Deadline: Friday, September 7 Instructor: Kim Downing (CPDT-KA)

#### Heartsaver (First Aid, CPR & AED)

The course meets OSHA's requirements for First Aid Training and covers general knowledge, medical emergencies, injuries as well as environmental emergencies.

Register online at www.tongierec.org.

When: Saturday, August 25 or October 13

Where: TBD

Time: 8:30AM-1:30PM Fee: \$68 + \$3 for workbook

Deadline: 72 hours prior to the scheduled

class.

Instructor: Mandi Olberding

# Youth Programs

# Art Club - Backyard Biology

This year's Art Club theme is STEAM. We'll integrate Science, Tech,

Engineering & Math into our projects.

<u>Grade</u>	<u>Date</u>	<u>Class</u>
4/5	Aug. 29	Agates
2/3	Sept. 12	Critter Catchers
K/1	Sept. 26	Wings 'N Things

Where: TES Art Room Time: 3:15-5PM

Deadline: 1 week prior to class Fee: \$10/\$12 (district/non-district)

Instructor: Kristin Gantz

#### Safe Sitter

This program teaches youth life and safety skills for when they are home alone, watching younger siblings, or babysitting. The program covers first aid, indoor and outdoor safety, and how to handle household emergencies.

When: Saturday, September 8 Where: City Council Chambers

Time: 8:30AM-3:00PM

Ages: 11-14

Fee: \$50/\$60 (district/non-district)

Deadline: Fri., Aug. 24 (space is limited)

Instructor: Mandi Olberding

### **Hunter Education Field Days**

This internet-assisted course is designed to help protect our hunting heritage through safe, knowledgeable and responsible hunters. You must have access to a computer and a printer in order to complete the online version of the course. The online portion of the course must be finished prior to the field day. Space is limited. Lunch will be provided.

When: Saturday, October 6 or October

Where: City Maintenance Shop, 1536 E.

Time: 7:30AM-3:30PM

Ages: 11 & up Fee: \$5 per person

Registration: Space is limited to the first

30 to register.

# **Art Club – Operation: Installation**

We'll be designing and engineering artwork around the school!

Grade	<u>Date</u>	Class
4/5	Oct. 10	Pixie Places
2/3	Oct. 24	Calder Mobiles
K/1	11/7	Stained Glass

Where: TES Art Room

Time: 3:15-5PM

Deadline: 1 week prior to class Fee: \$10/\$12 (district/non-district)

Instructor: Kristin Gantz

To register for these programs you can visit us at 521 E. 4<sup>th</sup> Street in downtown Tonganoxie. Online registration is also available for many of our programs. Visit www.tongierec.org to see a full listings of our events and programs.