

Tonganoxie Recreation Commission



THE HAPPENINGS



A guide to TRC's upcoming programs and events.

[300 E. US Hwy 24-40 Tonganoxie, KS 66086 | 913.845.3502]



Recreation Activity Center Hours of Operation:

MON	7 AM - 8 PM
TUES	7 AM - 8 PM
WED	7 AM - 8 PM
THUR	7 AM - 8 PM
FRI	7 AM - 6:30 PM
SAT	9 AM - 3 PM
SUN	1 PM - 5 PM

For information regarding Day Fees and Memberships, please visit www.tongierec.org

Rec Center Weekly Happenings

MONDAYS

7 - 11:30 AM | Indoor Walking
7 - 9 AM | Open Gym Basketball
9 - 11 AM | Pickleball
11 AM - 8 PM | Open Gym Basketball

TUESDAYS

7 - 11:30 AM | Indoor Walking
9:30 - 11:30 AM | Rec & Roll Indoor Playground
11:30 AM - 5 PM | Open Gym Basketball
5:30 - 8 PM | Pickleball

WEDNESDAYS

7 - 11:30 AM | Indoor Walking
7 - 9 AM | Open Gym Basketball
9 - 11 AM | Pickleball
12 - 8 PM | Open Gym Basketball

THURSDAYS

7 - 11:30 AM | Indoor Walking
7 - 10 AM | Open Gym Basketball
12 - 6 PM | Open Gym Basketball
6:30 - 8 PM | Open Gym Volleyball

FRIDAYS

7 - 11:30 AM | Indoor Walking
7 - 10 AM | Open Gym Basketball
11 AM - 6:30 PM | Open Gym Basketball

SATURDAYS

9 AM - 3 PM | Indoor Walking
9 AM - 12 PM | Pickleball
12 - 3 PM | Open Gym Basketball

SUNDAYS

1 - 3 PM | Open Gym Basketball
3 - 5 PM | Pickleball

SPECIAL EVENTS



GRAND PARENTS DAY BINGO

Friday Sept. 6
\$3 per person
Registration required.



September Fireworks Show!

Friday Sept. 20
@ TRC Baseball Fields



Ghost Stories Around the Campfire

Saturday Oct. 19
7 - 9 PM
@ Tonganoxie Historical
Society Museum



SEPTEMBER - OCTOBER 2024 | www.tongierec.org

**FITNESS PROGRAMS & CLASSES
@ TRC REC CENTER**

Fit 4 Fitness... Fit 4 Fun

MON | 9:30 - 10:30 AM
Fitness class for ages 50+

Chair Yoga

WED | 12 - 1 PM
Gentle stretching for all ages and mobilities.

Stretch-n-Grow

THURS | 10:30 - 11:30 AM
Play, imagine, and grow!
Ages 0 - 5

Hula Hoop Fitness

THURS | 5:45 - 6:45 PM
FRI | 10 - 11 AM
Dance, hoop, and have FUN

Email jennifer-trc@sunflower.com for questions.



**OTHER PROGRAMS & CLASSES
@ TRC REC CENTER**

**REC & ROLL INDOOR
PLAYGROUND**

Tuesdays | 9:30 - 11:30 AM
\$3 per kid | Punch card available.

FAMILY FRI-YAYS

Every second Friday | July - Dec.
September 13 & October 11
5 - 7:30 PM
Day fees/membership applies.

Crochet Classes

We offer a variety of classes for crochet for all different ages and abilities. Please visit our website for more information regarding class content, dates, and times.

Rainforest in a Jar

Saturday Sept. 21 | 1 - 3 PM
\$10 residents/\$12 non-residents
Ages 6 - 14 | Registration required.

Tie Dye Fun!

Saturday Oct. 5 | 1 - 3 PM
\$10 residents/\$12 non-residents
Ages 6 - 14 | Registration required.

Safe Sitter

Saturday October 5 | 8 AM - 3 PM
\$50 residents/ \$60 non-residents
Registration required.

Goat Yoga

Saturday Oct. 26 | 2 - 3 PM
\$15 residents/\$17 non-residents
Ages 6+ | Registration required.



Email jennifer-trc@sunflower.com for questions.



FOLLOW US ON FACEBOOK!

GET OUTSIDE

**TONGIE REC COMMISSION
POP-UP DISC GOLF COURSES**

SATURDAY SEPTEMBER 28

FRIDAY OCTOBER 11

11 AM - 8 PM



POP-UP MINI DISC GOLF COURSES

Head to **VFW Park** this fall on these dates and play a few rounds on the mini disc golf courses. Course maps available at the Tonganoxie Recreation Center.

Saturday September 28

Friday October 11

11 AM - 8 PM

Questions?

Email jennifer-trc@sunflower.com.



All information regarding programs and special events are subject to change.

Check our website and follow us on Facebook for the most up-to-date information and announcements.